



WEEK ONE

3 Nov
24 Nov
15 Dec
19 Jan
9 Feb
9 March
30 March

MONDAY
Chicken Pie 1 Mushroom & Lentil Stew VG Pesto & Pea Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9
Crushed Potato Cauliflower, Carrots
Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

TUESDAY
Margherita Pizza 1,3,7 V Bean Biryani VG Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9
Rainbow Pasta 1 Seasonal Vegetables
Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

WEDNESDAY
Roast Turkey & Gravy Broccoli Tot 1,7 V Arrabiata Pasta Shells 1 VG Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Peas
Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG

THURSDAY
Beef Bolognaise Pasta Bake 1,7 Loaded Bean Chilli Wedges VG Red Pesto Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9
Green Beans Grated Carrots
Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG

FRIDAY
Chicken Sausages 1,6 Vegetable Sausage VG Cheese & Tomato Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9
Chips, Sweetcorn, Baked Beans Cucumber Sticks
Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG

WEEK TWO

10 Nov
1 Dec
5 Jan
26 Jan
23 Feb
16 March

Caribbean Brown Chicken Chick Pea Jambalaya VG Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9
Rice, Carrots, Peas
Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Cheese & Broccoli Pasta Bake 1,7 V Buffalo Cauliflower Wings & Wedges VG Tomato & Sweetcorn Pasta 1 VG Jackets with a Choice of Toppings 7,8,9
Seasonal Vegetables
Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Roast Chicken & Gravy Ratatouille Puff 1,3 VG Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes Broccoli, Carrots
Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG

Beef Stew & Dumpling 1 Falafel Burger & Wedges 1,5 VG Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9
Cauliflower, Green Beans
Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG

Salmon Bites 1,8 Margherita Pizza 1,3,7 V Herby Tomato Pasta Twists 1 V Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Coleslaw 9
Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG

WEEK THREE

17 Nov
8 Dec
12 Jan
2 Feb
2 March
23 March
27 Oct

Macaroni Cheese 1,7 V Sweet Potato & Chick Pea Curry VG Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9
Rice, Green Beans, Mixed Salad
Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Pesto & Pea Penne 1,7 V Jackets with a Choice of Toppings 7,8,9
Sweetcorn, Peppers
Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG

Savoury Mince Beef & Yorkshire Puddings 1,7,9 Vegan Sausage Roll 1 VG Cauliflower Cheese Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Green Beans, Carrots
Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG

Beef Cottage Pie Butternut Squash Risotto 7 V Herby Tomato Pasta 1 VG Jackets with a Choice of Toppings 7,8,9
Seasonal Vegetables
Beetroot Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG

Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Tomato & Sweetcorn Pasta 1 VG Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Grated Carrot
Caramel Flapjack 1,7,15 V Yoghurt 3,7 , Fruit Pots VG

Primary 4NP

**AVAILABLE
DAILY**

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

